

Staff

Physiotherapist: Andrew Neufeld BMR-PT, CACFI

Andrew graduated from the University of Manitoba in 2000 and has been practicing at Plessis Physiotherapy since 2002. Since graduating Andrew has furthered his education through courses in advanced assessment and treatment techniques as well as becoming licensed to perform acupuncture. Andrew serves as the secretary for the Manitoba branch of the Canadian Physiotherapy Association and the Physiotherapy Alliance (private practice ownership group). Outside of the clinic, he enjoys participating in Kung Fu, running and cycling.

Email Andrew

Physiotherapist: Nicole Arbez BMR-PT

Nicole graduated from the University of Manitoba in 2009. Since graduation, she has completed her level one in orthopedics. She is committed to life long learning and plans to obtain her license in acupuncture and complete the orthopedic levels on top of furthering her education through weekend seminars. Outside the clinic, Nicole has a passion for sports and being physically active.

Email Nicole Massage Therapist: Chantel Ballegeer RMT

Chantel graduated from the Massage Therapy College of Manitoba in 2004. She joined Plessis Physiotherapy in fall of 2004. Her interest in Massage Therapy evolved because of the various sports injuries she suffered and how Massage helped her to keep playing. She continues to stay active playing sports such as tennis and soccer. Chantel became a mother in January 2006 and enjoys spending time with her daughter, husband and dog.

Email Chantel

Message Therapist: Warren Desmarais

Warren is an honours graduate of the Professional Institute of Advanced Massage Therapy. His education included courses in: Anatomy, Pathology, Nutrition, and Kinesiology to name a few. He was also instructed in various techniques such as Therapeutic Massage, Sports Massage, Relaxation Massage, Myofascial Release, Deep Tissue Massage, Active Release Therapy, Musculoskeletal, as well as Orthopedic Assessment. He is also certified with Can-Fit Pro as a Personal Trainer and is trained in exercise concepts that emphasize proper techniques for various strengthening and stretching protocols. He is committed to the highest standards of client care and will use his training to develop a personalized treatment plan to suit your individual needs, and is equipped to treat varying conditions such as: sports injuries, sprains and strains, tendonitis, headaches, upper and lower back or neck pain, carpal tunnel syndrome, whiplash and much more.

Email Warren

Office Manager: Tamara McRae

Tamara joined the team at Plessis Physiotherapy in September 2006. She is still getting comfortable and learning that it is okay to boss Andrew around. Tamara is outgoing and enjoys spending her time with family and friends. Her horse is her passion, and she spends her spare time training her.

Email Tamara